

Thoughts on the Integration of Socialist Core Values in the Teaching Practice of Ideological and Political Courses in Colleges and Universities

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Abstract: The core values of socialism are the essence of China's excellent culture, and it is an inevitable choice for the integration of ideological and political teaching in universities. Vigorously promoting and actively practicing the core values of socialism is one of the main teaching contents and objectives of ideological and political courses in universities. As the saying goes: "The world is rising and falling, and the husband is responsible." This is also our responsibility and mission for each one in country. Therefore, the teaching of ideological and political courses in universities must fulfill the core values of socialism, which is an important base for college students to accept ideological and political education. The teaching of ideological and political courses in universities needs to pay attention to all aspects of the teaching process, and actively promote and practice the way, which will integrate socialist core values into the teaching practice of ideological and political courses in colleges and universities. In practice, "Close to the textbooks, vivid classrooms, and deep into the hearts of students" can promote the implementation of socialist core values, achieve the goal of ideological and political education in colleges and universities, and promote the healthy development of students' physical and mental health truly.

1. Introduction

President Xi Jinping emphasized that college students should consciously and actively practice the core values of socialism, study diligently, cultivate self-cultivation, make arduous efforts to realize the Chinese dream, and reflect their own life value in an major meeting. The teaching of ideological and political courses in universities is important for students to accept the education of socialist core values, and it is also an important carrier for carrying out the party's 18th National Party's ideological policy. The teaching of ideological and political courses in universities is helpful to integrate the core values of socialism into the ideological and political teaching in universities, and truly root the socialist core values in the hearts of students.

2. The socialist core values are the connotation of practicing the outlook on life

The ideological and moral course and the legal basic course include a very important course content—the teaching of life, which is also an important part of the teaching practice of ideological and political courses in universities. The teaching of life profoundly embodies the core values of socialism, mainly reflected in the following aspects: First, serving the people, which is in line with the value goals of prosperity, democracy, civilization, and harmonious in the core values of socialism. Being rich and strong is the country's prosperity and strength, and it is the common goal of people to achieve the good wishes of a well-off society. Democracy is based on the people and adhere to the people-centered principle. Civilization is a kind of cultivation whom with the high quality and high moral. Harmony is the harmonious of people, society and nature, and promotes the harmonious development of society. Secondly, pursuing the lofty meaning of life and facing life with a positive and optimistic attitude, it corresponds to the goal of patriotism, dedication, honesty and friendly value in the core values of socialism, which reflect love and dedication. Otherwise, honesty and friendliness are the basis and standard for us to evaluate the moral cultivation of a person. Finally, when we relate to the relationship between man and the natural environment, it not only corresponds to the word "harmony" in the core values of socialism, but also corresponds to the

value orientation of "freedom, equality and justice." Freedom is to ensure citizens' freedom of speech and freedom of thought, actively encourage citizens to work hard and strive for peace, establish democratic centralism, and create a harmonious social environment. Equality is the right of citizens to equal participation and equal development power without discrimination and prejudice. Justice is rules justice and power justice.

3. The integration of socialist core values in the teaching practice of ideological and political courses in colleges and universities

Chinese traditional characteristic culture is the root of socialist core values. Chinese traditional characteristic culture pays attention to benevolence, self-restraint, justice, and harmony with people and earth, etc, which have been embodied in the socialist core values. Although the core values of socialism only 24 words, its connotation is extremely profound, which is based on the traditional culture with Chinese characteristics. Xi Jinping pointed out that "Chinese traditional culture with characteristics has been deeply rooted in people's hearts and has greatly influenced people's ideological direction and behavior style." in a major meeting. Therefore, if we want to actively implement the socialist core values in the ideological and political teaching in universities, we must integrate the traditional culture with Chinese characteristics, system grooming, make full use of excellent heritage, cultural relics and ancient books collected in the Forbidden Palace, and bring them into the ideological and political teaching classroom. It is necessary to keep extensive participation and activity in class. And after mobilizing students' initiative in learning, we should use easy-to-understand language to describe the historical development and future trend of Chinese national characteristic culture, focusing on the unique charm of Chinese national culture, so as to further improve students' sense of national self-confidence and achievement, personally feel the educational beauty of socialist core values.

As we all know, role models is important for people. Mao Zedong once said that model demonstration is a powerful political force. In the ideological and political education work of our Party, there was an important method—use the role model as a benchmark, and we must take the role model as an example. Role model symbolizes the direction of the development of the times, but also cohesion a strong positive power. Therefore, in the education of socialist core values, we should bring the outstanding historical role models into the ideological and political teaching classroom of universities, fully discover the excellent spiritual qualities of historical role models to explain the essence of socialist core values education. We should pay attention to the role models from teachers and students, try to introduce them into the classroom, so that students can learn from role them, which will make the abstract values become specific and close to life gradually.

Different geographical location, living customs and historical background formed different core socialist values. However, campus culture is an important part of colleges. It is the spirit and entertainment home of students, where leaving wonderful memories, deep friendship between students and hard work in learning. Campus culture should be skillfully used in ideological and political teaching in universities, and cleverly combine socialist core values education and traditional Chinese culture, such as anniversary days and patriotism to put forward theme activities. In addition, colleges should actively encourage students to organize various culture activities, such as dormitory culture, teacher culture, blackboard culture, corridor culture, et, in order to highlight the practical beauty of socialist core values.

The old saying goes: "You always feel shallow on paper, and you never know that you have to practice it." It means that the most important thing is to strengthen students' social practice, so that the practice of socialist core values can be convert into students' spiritual pursuit. In the process of socialist core values education, the ideological and political education in universities should highly pay attention to social practice, and closely integrate with the teaching content, actively organize students to participate in some hands-on practice, work-study and other activities, which will help students to deepen the understanding of socialist core values, and further sublimating moral cultivation quality.

Socialist core values are abstract. As an ideology, teachers need to have high-quality and

professional theoretical knowledge to educate students if they want to learn it well. While most of the students are in adolescence with strong curiosity and desire for knowledge, there will be no great resistance to this kind of ideological education. However, it is worth noting that if the teacher only holds the textbook to speak boring theoretical knowledge, and speaks the rules and regulations of the textbook content well, which completely becomes sermon education, students will certainly feel boredom and resistance to class. Therefore, teachers should be good at putting what they have learned into practice, understanding the theoretical knowledge in textbooks thoroughly, and innovating diversified teaching modes. Socialist core values should teach students from both positive and negative aspects, it can explore the social reality. However, it must tell the truth from facts without fabricate and slander, after speaking, teachers should make rational evaluation. And finally come up with feasible solutions according to the problems discussed. In addition, teachers should further sublimate their in-depth understanding of theoretical knowledge so as to transform theoretical knowledge into learning knowledge, and enrich students' experience, strengthen their belief in theoretical knowledge, so that students can pursue the ideological realm of truth, goodness and beauty, and realize the real value of ideological and political education in colleges.

The teaching of Ideological and political courses in universities play a major role in practice the socialist core values. We must make great efforts in telling Chinese stories, vividly theoretical knowledge according to the content characteristics, professional characteristics and students' personality characteristics of the textbooks. Our Party's basic principles, basic ideas and experience have left a mark of the Chinese people's hard work, which can also be used as a extension of story form. The introduction of events related to socialism with Chinese characteristics into ideological and political teaching in universities makes the teaching content close to daily life, which attracts students, touches the heartstrings and soul of students. To tell Chinese stories well, we need to pay attention to historical facts. In the process of telling stories, we should pay attention to concise language, easy to understand and emotional expression, so as to grasp the hearts of students. In addition, we should pay attention to highlighting themes. Neither positive nor negative themes can be separated from the core values of socialism, and can't defame certain social phenomena. For all kinds of negative problems, we need to arouse high vigilance and improve self-sensitivity and discrimination.

The history, culture and national conditions of different countries and nationalities are different, so the development path of each country is different. Socialist culture with Chinese characteristics is bred on the soil of China. It reflects the will of our people, meets the requirements of the development of the new era, and has a profound historical origin and a broad and realistic foundation. Therefore, ideological and political teaching in universities should highlight the culture with Chinese characteristics, fully embodies the characteristics of China's development road and national spirit, which is also the characteristic of the combination of contemporary Chinese socialist theory and practice. The culture with Chinese characteristics should persist in promote the culture and national spirit of the Chinese nation's characteristics, focus on the dissemination of socialist practice with Chinese characteristics, and promote the Chinese dream and the great rejuvenation of the Chinese nation and so on. Explain the culture with Chinese characteristics in favor of improving the depth of students' education of socialist core values, and further improving the quality and level of Ideological and political teaching in universities. It should be noted that in the process of elaborating the culture with Chinese characteristics, the language should be simple and the teaching mode should be novel. The main purpose of highlighting the culture with Chinese characteristics is to enable students to shoulder the burden of the country and the mission of the country, to enhance the students' spirit of being human and to enhance their confidence in the nation.

To carry out socialist core values lies in sticking to practice, and realizing self-worth in practice. First of all, the teaching of ideological and political courses in universities must do a good job in the practice of values' spread, so that students can personally feel the charm and influence of values from various practices. Being good at combining students' daily life and paying attention to the embodiment of values in details makes students more deeply understand the core of values. Secondly, starting with the small things around students, students whom have a pair of eyes to

discover beauty can discover excellent spiritual qualities from the small to the big, so that students can know the truth, goodness and beauty in life, improve their own discrimination, understand good and evil. Thirdly, colleges should make full use of the Internet information platform and actively carry out diversified teaching modes such as teacher-student communication, multimedia teaching or online micro-classroom. Finally, teaching should close to life, shock students' self-feelings through various social practices, and to a certain extent enhance the appeal of the new era.

4. Conclusion

Fundamentally speaking, ideological and political teaching in universities should pay attention to cultural characteristics, educational guidance and the appeal of the new era in the cultivate and practice of socialist core values. The key is to highlight authenticity, be good at convincing people with truth and influencing people with true feelings.

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